

Client Start Up Worksheet

Client name

Date

Session length

Review from last week:

HW Client completed:

Concept explained:

Strategy/Exercise:

HW Assigned:

Client Start Up Worksheet

Tone of session (excited, doubtful, energetic, future focus, retrospective etc.):

Client satisfaction:

SI Coaches satisfaction:

Ideas for between session communication:

Ideas for next session:

Take away from session: